How to Prepare Frozen Meal Boxes for Grace Klein Community

"Shop" for available food to use at the Grace Klein Community office and take non-vented meal boxes from the office if available and needed. The ideal box size is rectangle, holding 28-30 ounces of food which provides two meals. Use non-vented boxes.

Turn the groceries into entrees and sides for the two-meal boxes. Usually, a meat and two sides, but it could be one dish, such as spaghetti or stew, occasionally. The idea is to provide healthy, nutritious, and delicious food with a touch of encouragement and a point to Jesus.

Label the top of the box with the type of foods inside, the date the meal was prepared, and ideally, a scripture verse. You can use a label if you want, but you can just write on the box top with a marker. Leave some head space for food expansion with freezing.

Refrigerate or freeze the meals until you can take them to the House on The Hill, 3416 Deerwood Circle, Hoover, AL 35216. The side door to the basement is normally unlocked. Place the meals in the freezer on the right. Be sure to relatch the door so the freezer does not defrost. Report the number of servings they will feed to Grace Klein using the scan posted on the freezer door.

FAQ's:

Tell me more about using stickers. Place it on the box top prior to filling the box with warm food. Warm food may make the label darken. The label may not stick to frozen/chilled boxes.

What if the office does not have much from which to choose? If the drive-through at Liberty is open, check with Carla there to see if there is something you can use. (Monday-Thursday 1-4pm)

Do you have any other tips or hints? Join https://app.foodrescue.us/signup and use it to see when foods are being picked up and time your visits to the office accordingly. Sometimes pre-cooked, donated foods can be converted to frozen meals quite easily.